Welcome to TELUS health

Register now for a live orientation webinar!



TELUS health blends the best user experience and clinical expertise together to help people everywhere achieve total mental, physical, social and financial wellbeing. It has both your Employee Assistance Program (EAP) and personalized wellbeing resources that can support you and your dependents with issues related to work, life and everything in between.

TELUS health offers support with mental, financial, physical and emotional wellbeing. Whether you have questions about handling stress at work and home, parenting and childcare, managing money, or health issues, you can turn to LifeWorks for a confidential service that you can trust.

All events take place on Wednesdays

Manager Orientations

February 8th − 1 p.m. EST

April $5^{th} - 1$ p.m. EST

July $5^{th} - 1$ p.m. EST

Oct 4th – 1 p.m. EST

Employee Orientations

January 25th – 1 p.m. EST

February 15th – 1 p.m. EST

March 22nd – 1 p.m. EST

April 12th – 1 p.m. EST

May 24th – 1 p.m. EST

June 21st – 1 p.m. EST

<u>July 12th − 1 p.m. EST</u>

Aug 23rd – 1 p.m. EST

Sept 20th − 1 p.m. EST

Oct 11th – 1 p.m. EST

Nov 15th – 1 p.m. EST

